

PARENT CHILD PROGRAMME 2016  
Provisional timetable – sample week

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:00 – 08:00	Pilates	Wake & Get Up	Yoga	Wake & Get Up	Yoga	Wake & Get Up	<b>Full day excursion to Oxford – City and University; Bicester Village outlet shopping centre</b>  Packed lunch provided
08:00 – 08:30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
09:00 – 12:00	<b>Brunch until 11:00</b>  <b>New Arrivals throughout the day</b>	Testing/English Lessons for all	<b>Parents:</b> English Lessons <b>Children:</b> English Lessons/Workshops	<b>Parents:</b> English Lessons <b>Children:</b> English Lessons/Workshops	<b>Parents:</b> English Lessons <b>Children:</b> English Lessons/Workshops	<b>Parents:</b> English Lessons <b>Children:</b> English Lessons/Workshops	
12:15 – 13:30	Swimming pool, sports hall and outdoor activities available on site	Lunch	Lunch	Lunch	Lunch	Lunch	
13.45 – 17:00	Options for pony trekking and other off site activities available at extra cost	<b>Parents:</b> Shopping to Shrewsbury  <b>Children:</b> Holiday Club Activities and swimming	<b>Parents:</b> A Taste of British Sports  <b>Children:</b> Holiday Club Activities and swimming	<b>Excursion for Parents and Children:</b>  <b>Chirk Castle (National Trust Place of Historic Interest)</b>	<b>Parents:</b> Spa trip  <b>Children:</b> Holiday Club Activities and swimming	<b>Parents:</b> English croquet and Afternoon Tea in the Walled Garden  <b>Children:</b> Holiday Club Activities and swimming	
18:00 – 19:00	BBQ	Dinner	Dinner	Dinner	Meal at local pub	Dinner	
19:00 – 21:00	Orientation talk and free time	<b>Parents:</b> Cocktails in the Marchant Gallery <b>Children:</b> Fun Bingo	<b>Parents:</b> Fitness suite available; free swimming <b>Children:</b> Treasure Hunt	<b>Parents:</b> Talk by guest speaker <b>Children:</b> Team Building Games	<b>Parents and Children:</b> Scenic Walk along the canal to local pub , with play area for children	<b>Parents and Children:</b> English language family Film Night with snacks	Free

Programmes subject to change either because of numbers, new opportunities or weather; children encouraged to attend the Holiday Club activities to improve English language learning with local children.